

COSMETOLOGY

(Non-Engineering Trade)

(Revised in 2019)

Version: 1.2

CRAFTSMEN TRAINING SCHEME (CTS)

NSQF LEVEL - 4

Developed By

Ministry of Skill Development and Entrepreneurship

Directorate General of Training

CENTRAL STAFF TRAINING AND RESEARCH INSTITUTE

EN-81, Sector-V, Salt Lake City,

Kolkata – 700 091

www.cstaricalcutta.gov.in

1. COURSE INFORMATION

During one-year duration of 'Cosmetology' trade, a candidate is trained on Professional Skill, Professional Knowledge and Employability Skill related to job role. In addition to this, a candidate is entrusted to undertake project work, extracurricular activities and on-the-job training to build up confidence. The broad components covered under Professional Skill subject are as below:

The trainee learns to develop good appearance and behaviour, practices tasks as per industry standard and develops good communication skill. He/she is trained to prepare and maintain work area and maintain health and safety at the workplace; carry out epilation and depilation services; illustrate and explain hair structure & hair growth cycle; carry out manicure and pedicure services. The trainee is able to explain anatomy of nail; differentiate and identify nail disease & nail disorders; carry out facial treatments for common skin problems; illustrate and explain skin structure; carry out hair treatment for common hair problems.

The learner learns to illustrate and explain structure of hair; create basic haircuts using special cutting techniques; demonstrate basic yogic exercises for stamina building and correcting body posture; demonstrate day, evening, party & bridal makeup and explain effects of light on makeup. He/she learns to create traditional hair styles & hair designing with artificial aids and thermal gadgets; demonstrate hair colouring, perming, straightening, rebonding & smoothing. Also, the trainee is able to explain the knowledge of bonds; create bindi, heena & tattoo designing, drape saree in different styles and demonstrate asanas for spine stretching, stress management & common body ailments after completion of this course.

Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.

5.1 LEARNING OUTCOME (TRADE SPECIFIC)

1. Develop good appearance and behaviour, practice tasks as per industry standard and express good communication skill following safety precautions.
2. Prepare and maintain work area and maintain health and safety at the workplace.
3. Carry out epilation and depilation services. Illustrate and explain hair structure & hair growth cycle.
4. Carry out manicure and pedicure services. Explain anatomy of nail. Differentiate and identify nail disease nail disorders.
5. Carry out facial treatments for common skin problems. Illustrate and explain skin structure.
6. Carry out hair treatment for common hair problems. Illustrate and explain structure of hair.
7. Create basic haircuts using special cutting techniques.
8. Demonstrate basic yogic exercises for stamina building and correcting body posture
9. Demonstrate day, evening, party & bridal makeup and explain effects of light on makeup.
10. Create traditional hair styles & hair designing with artificial aids and thermal gadgets.
11. Demonstrate hair colouring, perming, straightening, rebonding & smoothening. Explain the knowledge of bonds.
12. Create bindi, heena & temporary tattoo designing, drape saree in different styles.