



GOVERNMENT OF INDIA
MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP
DIRECTORATE GENERAL OF TRAINING

COMPETENCY BASED CURRICULUM

DRESS MAKING

(Duration: One Year)

CRAFTSMEN TRAINING SCHEME (CTS)

NSQF LEVEL- 4



SECTOR – APPAREL



Directorate General of Training

DRESS MAKING

(Non-Engineering Trade)

(Revised in 2019)

Version: 1.2

CRAFTSMEN TRAINING SCHEME (CTS)

NSQF LEVEL - 4

Developed By

Ministry of Skill Development and Entrepreneurship

Directorate General of Training

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1. COURSE INFORMATION

During the one-year duration of “Dress Making” trade, a candidate is trained on Professional Skill, Professional Knowledge and Employability Skills related to the job role. In addition to this, a candidate is entrusted to undertake project work, extracurricular activities and on-the-job training to build up confidence. The broad components covered under Professional Skill subject are as below: -

The broad professional skills covered as part of the skill training starts with making hand stitches in the given fabric; Stitching the following using the given fabric: Seams with seam finishes, Darts, Pleats, Tucks, Gathers & Shirrs, Frill, Hem, Casing, Edge Finishing, Neck lines, Placket, Pocket, Collar, Sleeves, Cuff. Then the trainee learns how to fix the fasteners on the given fabric, mend the given fabric as per requirement. He/she is also able to draft a pattern for Ladies Suit & Sew a Ladies' Suit with the help of the given pattern.

The trainee starts sketching the following manually by applying suitable fabric designs- Indian Dresses & Western Dresses. Then he/ she designs the following with suitable fabric design using Corel draw software- Indian Dresses & Western Dresses. The trainee is able to make the following Block Pattern set using different sizes taken from a size chart - Children's Block, Block for Teenager, Ladies Block, Gents Block; makes the patterns for the following using Draping Techniques - Basic Bodice with Darts, Basic Bodice with Princess line, Basic Straight Skirt, Basic Circular Skirt. He/she becomes capable of constructing the following garments with fitting and quality according to the sketched designs and blocks using adaptation/draping and manipulation techniques - Dress for Children (Yoke Frock), Dress for Teenager, Ladies Dress, Ladies Suit, Ladies Night wear, Ladies Blouse, gents' Shirt, gents' trouser. In the later phase of the first year, they are able to make patterns of the following by Pattern Grading techniques to their next higher or lower sizes using the size charts. Also make markers on different width, texture & designs of the following- Frocks, Blouses, Shirts, Trousers.

Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.

5.1 LEARNING OUTCOMES (TRADE SPECIFIC)

1. Make hand stitches in the given fabric following safety precautions.
2. Stitch the following using the given fabric: Seams with seam finishes, Darts, Pleats, Tucks, Gathers & Shirrs, Frill, Hem, Casing, Edge Finishing, Neck lines, Placket, Pocket, Collar, Sleeves, Cuff.
3. Fix the fasteners on the given fabric.
4. Mend the given fabric.
5. Draft a pattern for Ladies' Suit.
6. Sew a Ladies' Suit with the help of the given pattern.
7. Sketch the following manually by applying suitable fabric designs- Indian Dresses & Western Dresses.
8. Design the following with suitable fabric design using Corel draw software- Indian Dresses & Western Dresses.
9. Make the following Block Pattern set using different sizes taken from a size chart - Children's Block, Block for Teenager, Ladies Block, Gents Block.
10. Make the Patterns for the following using Draping Techniques - Basic Bodice with Darts, Basic Bodice with Princess line, Basic Straight Skirt, Basic Circular Skirt.
11. Construct the following garments with fitting and quality according to the sketched designs and blocks using adaptation/draping and manipulation techniques. - Dress for Children (Yoke Frock), Dress for Teenager, Ladies Dress, Ladies Suit, Ladies Night wear, Ladies Blouse, gents' Shirt, gents' trouser.
12. Make patterns of the following by Pattern Grading techniques to their next higher or lower sizes using the size charts.
13. Make markers on different width, texture & designs of the following- Frocks, Blouses, Shirts, Trousers.