



GOVERNMENT OF INDIA  
MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP  
DIRECTORATE GENERAL OF TRAINING

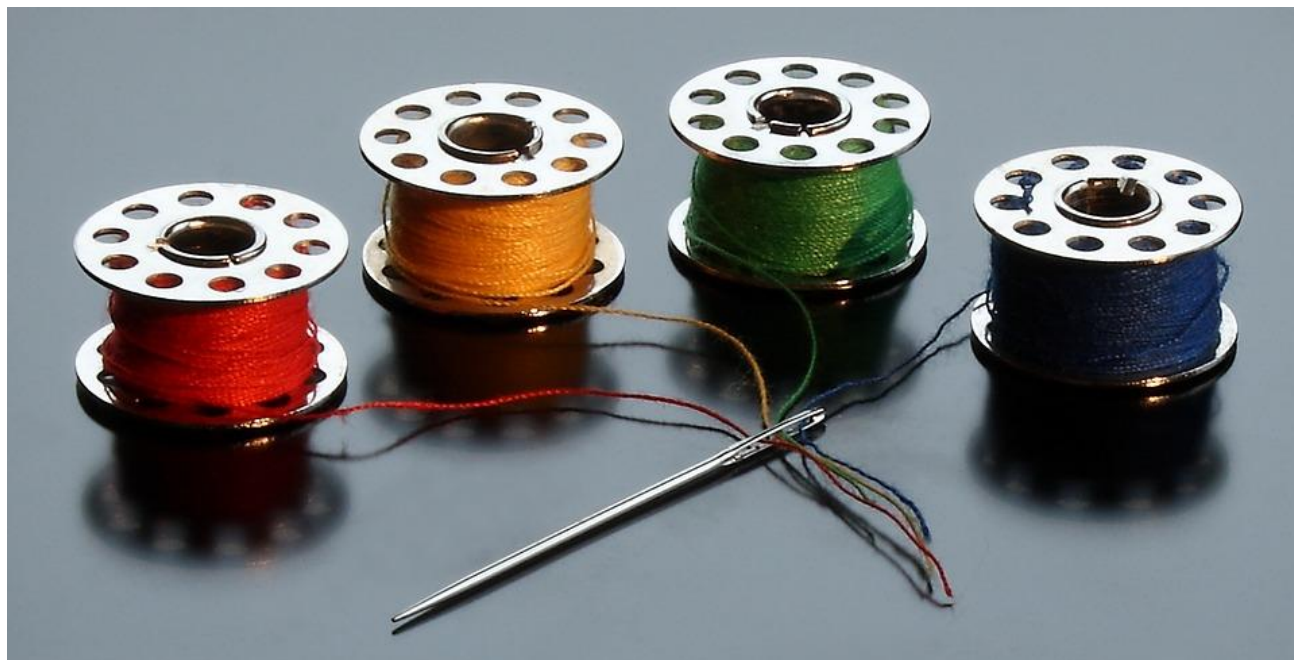
**COMPETENCY BASED CURRICULUM**

# SEWING TECHNOLOGY

(Duration: One Year)

**CRAFTSMEN TRAINING SCHEME (CTS)**

**NSQF LEVEL- 4**



**SECTOR –APPAREL**



Directorate General of Training

# SEWING TECHNOLOGY

(Non-Engineering Trade)

(Revised in 2019)

Version: 1.2

**CRAFTSMEN TRAINING SCHEME (CTS)**

**NSQF LEVEL - 4**

Developed By

Ministry of Skill Development and Entrepreneurship

Directorate General of Training

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## 1. COURSE INFORMATION

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During the one-year duration of “Sewing Technology” trade, a candidate is trained on Professional Skill, Professional Knowledge and Employability Skill related to the job role. In addition to this, a candidate is entrusted to undertake project work, extracurricular activities and on-the-job training to build up confidence. The broad components covered under Professional Skill subject are as below: -

The skill training starts with making hand stitches in the given fabric; stitching the following using the given fabric: Seams with seam finishes, Darts, Pleats, Tucks, Gathers & Shirrs, Frill, Hem, Casing, Edge Finishing, Neck lines, Placket, Pocket, Collar, Sleeves, Cuff. The trainee learns how to fix the fasteners on the given fabric, mend the given fabric as per requirement. He/she is also able to draft a pattern for Ladies' Suit & Sew a Ladies' Suit with the help of the given pattern.

In the later phase of the course, the trainee is trained to sketch different varieties of garments like ladies' Tops/Short kurties, ladies' Suit, Nightwear (one piece/two piece), Sari blouse, dresses for new born, toddler & kids etc. He/ she constructs the various garments like sari petticoat, ladies' top/short kurties, ladies' Suit, nightwear (One Piece with Yoke, Two Piece – Night suit), sari blouse (Simple Model - Plain), dress for a Newborn(Jhabla), dress for a Toddler (Sun-Suit), Kids(Frock), Gent's Kurta and Pyjamas, Casual Shirt and Trousers with fitting and quality according to the sketched designs.

## 5. LEARNING OUTCOME

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*Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.*

### 5.1 LEARNING OUTCOMES (TRADE SPECIFIC)

1. Make hand stitches in the given fabric following safety precautions.
2. Stitch the following using the given fabric:
  - Seams with seam finishes
  - Dart
  - Pleat
  - Tucks
  - Gathers & Shears
  - Frills
  - Hems
  - Casing
  - Edge-Finishing
  - Neck line
  - Placket
  - Pocket
  - Collar
  - Sleeve
  - Cuff
3. Fix the fasteners on the given fabric.
4. Mend the given fabric.
5. Draft a pattern for Ladies' Suit and Sew a Ladies' Suit with the help of the given pattern.
6. Sketch the following garments:
  - Ladies' Tops/Short kurties
  - Ladies 'Suit
  - Nightwear (one piece/two-piece)
  - Sari Blouse
  - Dresses for New Born
  - Dresses for Toddler
  - Dresses for Kids
7. Construct the following garments with fitting and quality according to the sketched

designs:

- Sari Petticoat
- Ladies' Top/Short Kurties
- Ladies' Suit
- Nightwear (One Piece with Yoke)
- Nightwear (Two Piece – Night suit)
- Sari Blouse (Simple Model - Plain)
- Dress for a New-born(Jhabla)
- Dress for a Toddler (Sun Suit)
- Dress for Kids (Frock)
- Gent's Kurta and Pyjamas
- Gent's Casual-Shirt
- Gent's Trousers